Semaglutide Circus: Glucagon-Like Peptide-1 (GLP-1) Receptor Agonists to Treat Addiction

> Jeffrey Brent, M.D., Ph.D. Stephanie T. Weiss, M.D., Ph.D., M.S.

### **Learning Objectives**

1) Explain the pharmacology and toxicology of GLP-1 receptor agonists

2) Evaluate the preclinical evidence in favor of repurposing GLP-1 receptor agonists as possible addiction pharmacotherapies

3) Assess the ongoing clinical trials studying the safety and efficacy of GLP-1 receptor agonists for addiction

4) Identify methods to provide fair and just access to new, expensive medications like GLP-1 receptor agonists to all segments of society

#### The Skinny on GLP-1 Receptor Agonists: The Good, the Bad, the Beautiful, and the Ugly

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• No conflicts of interest to disclose



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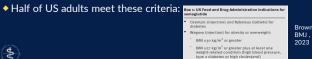
"I've heard that not since the '90s with the introduction of Viagra, has there been a bigger accident in the world of medicine. And Viagra, just to remind people, was originally created to treat high blood pressure, but then people started using it to treat erectile dysfunction. And Ozempic was originally created to treat Type 2 diabetes."

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- Tonya Mosely, NPR, Fresh Air

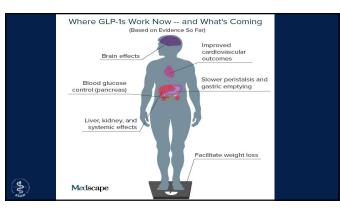
#### How This Came to Be

- Approx 2 of 3 Americans are overweight or obese
- 2005: First Glucagon-like peptide-1 receptor agonist approved for the treatment of type II diabetes
- Social media, esp. Tik Tok, reported that people taking them were losing weight
- GLP-1R agonists then repurposed as wt loss drugs



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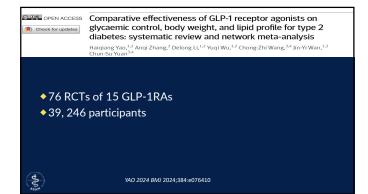


#### Glucagon-Like Peptide-1 (GLP-1)

- A peptide with 30 amino acids
- Produced in the intestinal mucosa and pancreas

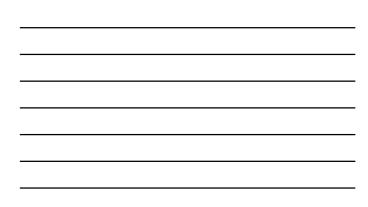


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				2
caemic	control, body w	eight, and lipid	a profile for ty	pe 2
1 <b>.</b>				
betes: :	systematic revie	ew and networ	k meta-analys	SIS
	Compared with placebo	Mean difference	Mean difference	**
	Compared with placebo	(95% CI) 00	(95% CI) (%)	T-
	Tirzepatide -		-2.10 (-2.47 to -1.74)	0.08
	Mazdutide +	•	-2.09 (-3.10 to -1.09)	0.08
	CagriSema	•	-1.80 (-2.87 to -0.73)	0.08
	Orforglipron		-1.49 (-2.12 to -0.85)	0.08
	Semaglutide		-1.40 (-1.67 to -1.12)	0.07
	Retatrutide		-1.32 (-1.97 to -0.68)	0.08
	Dulaglutide		-1.09 (-1.34 to -0.84)	0.08
	Liraglutide		-1.04 (-1.30 to -0.79)	0.08
	PEG-loxenatide	<b>.</b>	-1.04 (-1.57 to -0.50)	0.08
	Albiglutide		1.01 ( 1.55 to 0.48)	0.08
	PEGylated exenatide		-0.97 (-1.87 to -0.07)	0.08
	ITCA 650		-0.91 (-1.81 to -0.01)	0.08
	Exenatide	<b>_</b> _	-0.81 (-1.15 to -0.48)	0.08
	Efpeglenatide		-0.74 (-1.23 to -0.25)	0.08
	Lixisenatide		-0.61 (-1.01 to -0.20)	0.08
	-3	-2 -1 0	1	
	Favours 0	GLP-1RA Favours p	olacebo	
	Confidence of evidence 	Low		
	twork effect sizes between GLP-1R	$\cap$		

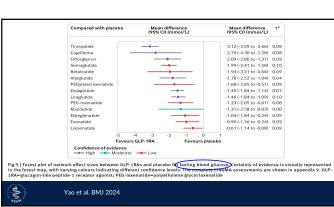




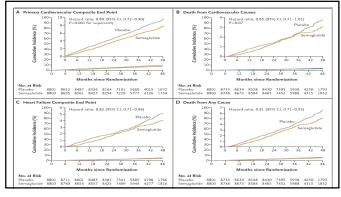
CagriSema Tizepatide Retartuide Orforginone Maxiudie TicAe30 Liragiutide Epegienatide PEGioveraide PEGioveraide PEGioveraide PEGioveraide Confidence of evidence Confidence of evidence	Compared with placebo	Mean difference (95% CI) (kg)	Mean difference (95% CI) (kg)	τ2
Tizzpatalde	CagriSema ++	_	-14.03 (-17.05 to -11.00)	0.11
Ordreginorn			-8.47 (-9.68 to -7.26)	0.12
Semaglidide	Retatrutide		-7.87 (-9.95 to -5.79)	0.12
Macduidse	Orforglipron	<b>•</b>	-4.88 (-6.93 to -2.83)	0.11
TCA 650         -1.36 (-4.30 in 5.90         0.12           Lingsluide         -1.36 (-4.30 in 5.90         0.11           Dudgsluide         -0.37 (-1.56 to 0.59)         0.11           Dudgsluide         -0.37 (-1.56 to 0.39)         0.11           Decodyluide         -0.37 (-1.56 to 0.39)         0.11           Decodyluide         -0.37 (-1.56 to 0.39)         0.11           Decodyluide         -0.43 (-1.30 to 0.23)         0.12           Ubisonatide         -0.43 (-1.50 to 0.37)         0.12           Decodyluide         -0.43 (-1.50 to 0.57)         0.12           PEG-loxenatide         -0.43 (-2.10 to 0.57)         0.12           Decodyluide         -0.43 (-2.10 to 0.57)         0.12           PEG-loxenatide         -0.43 (-2.10 to 0.57)         0.12           -1.5 ± 12         -9         -6         -0.43 (-2.10 to 0.27)         0.22           Opticare of a vidence         -0.5         -0.37 (-1.56 to 2.13)         0.22           PEG-loxenatide         -1.5 ± 12         -9         -0.4         -0.43 (-2.10 to 2.13)         0.22           Confidence of a vidence         -1.5 ± 12         -7         -7         -7         -7         -7	Semaglutide		-3.13 (-3.95 to -2.31)	0.22
Lingkutide Eregelerative Duagkutide Eregelerative Eremetide Lingkutide L	Mazdutide		-2.26 (-4.99 to 0.47)	0.11
Elegependide	ITCA 650		-1.36 (-4.30 to 1.58)	0.12
Dulagiuride Exercisión PEGylated exercisión Iblomotade Aligiptide Frorours GLD-1RA Confidence of evidence Frorours GLD-1RA Confidence of evidence Frorours GLD-1RA Frorours GLD-1RA F	Liraglutide		-1.33 (-2.08 to -0.59)	0.11
Exensible	Efpeglenatide		-0.93 (-2.89 to 1.03)	0.11
PEGydetod exentide Lubersatide Abiguitide PEG-Generated T5 12 49 46 37 Errouuts GLP-IRA Confidence of evidence	Dulaglutide		-0.73 (-1.56 to 0.10)	0.13
Laboratalde Altiguide PEG-toxenatide -15 -12 -9 -6 -3 -0 -3 Favours GLP-18A Favours glacebo Confidence of evidence	Exenatide		-0.62 (-1.69 to 0.45)	0.11
Abligiutide 0.001/2.22710.2.210 0.22 PEG-loxematide	PEGylated exenatide		-0.34 (-3.01 to 2.33)	0.12
PEG-iovensitide	Lixisenatide		-0.62 (-1.51 to 0.87)	0.12
-15 -12 -9 -6 -3 0 3 Favours GLP-1RA Favours placebo Confidence of evidence	Albiglutide			0.22
Favours GLP-1RA Favours placebo Confidence of evidence	PEG-loxenatide		0.27 (-1.58 to 2.13)	0.22
Confidence of evidence	-15 -12	2 -9 -6 -3 0	3	
	Favours	GLP-1RA Favours pla	cebo	
		Low		
f network effect sizes between SLP 13As and placebo for weight loss. Certainty of evidence is visually represe colours indicating different confidence tevels. The complete Clasher assessments are shown in appendix 9.6 por agonist FEG-constailes-positivity interpretation constant of the Clasher and device co	lours indicating different confidence	levels. The complete CINeMA	assessments are shown in ap	pendix s











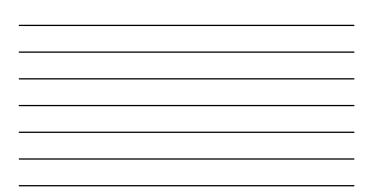
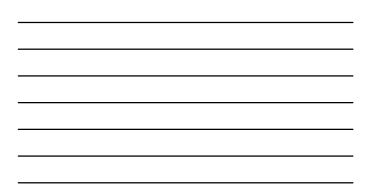
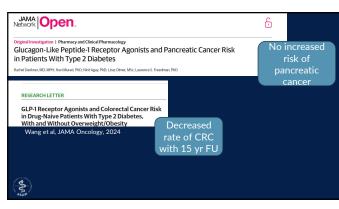




Table 2. Primary and Secondary Time-to-First-Event Efficacy End Points.\* Semaglutide (N=8803) Placebo (N = 8801) Hazard Ratio (95% CI) End Point P Value number Primary cardiovascular composite end point; 569 (6.5) 701 (8.0) 0.80 (0.72 to 0.90) < 0.001 Confirmatory secondary end points: Death from cardiovascular causes Heart failure composite end point§ 223 (2.5) 300 (3.4) 262 (3.0) 361 (4.1) 0.85 (0.71 to 1.01) 0.82 (0.71 to 0.96) 0.07 NA 458 (5.2) Death from any cause 375 (4.3) 0.81 (0.71 to 0.93) NA pportive secondary end points¶ Cardiovascular expanded composite end point 1074 (12.2) 0.80 (0.73 to 0.87) 873 (9.9) NA Cardiovascular composite end point with death from any cause\*\* 710 (8.1) 877 (10.0) 0.80 (0.72 to 0.88) NA 0.72 (0.61 to 0.85) 234 (2.7) 154 (1.7) 322 (3.7) NA Nonfatal myocardial infarction Nonfatal stroke 165 (1.9) 0.93 (0.74 to 1.15) NA Hospitalization or urgent medical visit for heart failure 122 (1.4) 608 (6.9) 124 (1.4) 97 (1.1) 0.79 (0.60 to 1.03) NA Coronary revascularization Unstable angina leading to hospitalization 473 (5.4) 109 (1.2) 0.77 (0.68 to 0.87) 0.87 (0.67 to 1.13) NA NA Glycated hemoglobin level ≥6.5%†† Nephropathy composite end point‡‡ 306 (3.5) 1059 (12.0) 0.27 (0.24 to 0.31) NA 155 (1.8) 198 (2.2) 0.78 (0.63 to 0.96) NA Glycated hemoglobin level ≥5.7% among patients with baseline glycated hemoglobin <5.7%∬ NA 623 (21.3) 1501 (50.4) 0.33 (0.30 to 0.36)







### Winning the Rat Race: Repurposing GLP-1 Receptor Agonists for Addiction

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Translational Addiction Medicine Branch Intramural Research Program National Institute on Drug Abuse National Institutes of Health

No conflicts of interest to disclose
 I will be discussing semaglutide drug brand names
 I will be discussing off-label use of semaglutide, which is
 not currently FDA-approved to treat addictive disorders



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#### Over A Decade of Preclinical Evidence Supports a Role for GLP-1 in AUD

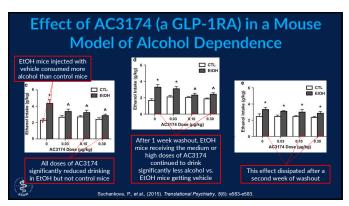
Study Reference	
Egecioglu et al., Psychoneuroendocrinology (2013) 38: 1259	Exen
Shirazi et al., PLOS ONE (2013) 8: e61965	GLP-
*Suchankova et al., Transl. Psychiatry (2015) 5: e583	AC31
Vallöf et al., Addiction Biology (2016) 21: 422	Liragl
Sørensen et al. Alcohol Clin Exp Res (2016) 40: 2247	Exend
*Marty et al. Frontiers in Neuroscience (2020) 14: 599646	Liragl
Aranas et al. EBioMedicine (2023) 93: 104642	Sema
*Chuong et al. JCI Insight (2023) 8: e170671	Sema

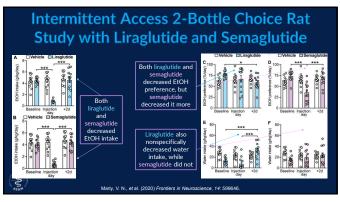
Findings Exendin 4 ↓ alcohol reward and intake in mice GLP-1 and Exendin 4 ↓ alcohol intake/reward in rats AC3174 ↓ alcohol consumption in dependent mice Liraglutide ↓ alcohol reward and intake in rats Exendin 4 ↓ self-administration of IV alcohol in mice Liraglutide ↓ alcohol intake and relapse in rats Semaglutide ↓ binge drinking of alcohol in mice

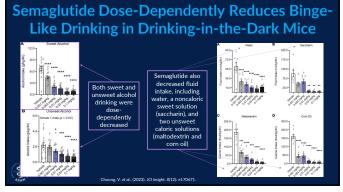
Administration of GLP-1 or GLP-1 agonists to rodents decreases drinking and attenuates the reinforcing properties of alcohol, suggesting that the GLP-1R is a potential target for treating AUD.

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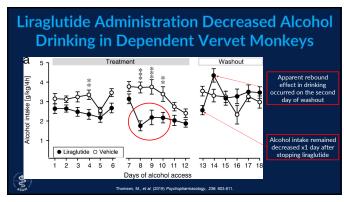
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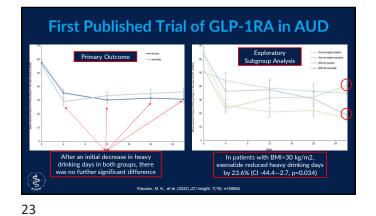






#### Anecdotal/Correlational Human Evidence of GLP-1RA Efficacy for AUD

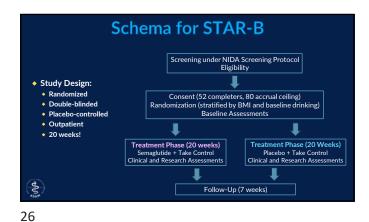
Study Reference	Findings
*Suchankova, Transl. Psychiatry (2015) 5: e583	Variation in GLP1R ass'd w/ AUD (genetic association study)
Wium-Anderson, Basic & Clin. Pharm. & Tox. (2022) 131: 372-379	GLP-1RA tx ass'd w/ lower risk of alcohol-related events (national registry cohort/case series)
*Farokhnia, Addict. Biol. (2022) 27: e13211	↑ GLP-1RA expression in AUD pts (post-mortem brain study) Alcohol administration ↓ blood [GLP-1] (experimental lab studies)
*Farokhnia, Scientific Reports (2022) 12: 13027	GLP-1R gene variants ass'd w/ brain connectivity (genetic study)
Quoddos, Scientific Reports (2023) 13: 20998	Semaglutide/tirzepatide improved AUD (social media post analysis)
Richards, J. of Clin. Psych. (2023) 85(1): 50515	Semaglutide improved AUD (six-person case series)
Bremmer, J. Stud. on Alc. & Drugs (2024) 85: 5-10	GLP-1RAs improve AUD (Reddit post pharmacovigilance)
treating AUD, and they provide additional	es in humans are suggestive of GLP-1RA efficacy for support for testing these compounds as treatments for r irorous human randomized controlled trials.

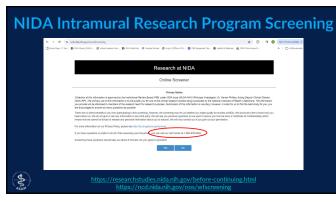


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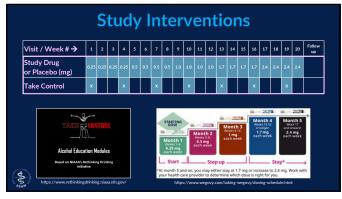
		Clinica	ltrials	.gov	
ECRUITING					
Semaglutide Ther	apy for Alcohol Redu	ction (STAR)			
	titute on Drug Abuse (NIDA) National Institutes of Heal	th Clinical Center (CC) (National I	nstitute on Drug Abuse (NIC	DA)) (Responsible Party)	
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On this page Study Details On this page Study Overview Connacts and Locations Participation Criteria	Study Ove Brief Summary Background: Alcohol use di medical conse	rview	tern of alcohol use accomp	enied by clinically significant	Study Start (Estimated) ● 2024-02-20



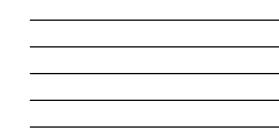


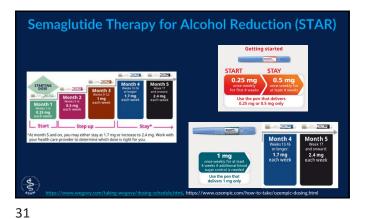
## Inclusion/Exclusion Criteria









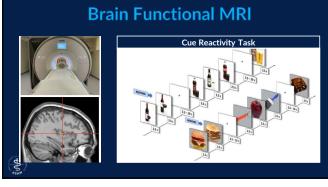


Outcomes Primary Secondary Safety and Tolerability Other Drinking Outcomes Number/severity of Adverse Events (AEs) Heavy drinking days • WHO drinking risk levels • Number of people who reach target dose (2.4 mg) Phosphatidylethanol (PEth) levels Changes in Study Tasks • Early Efficacy • Virtual Reality (Food Craving) Change in self-reported drinks/week from baseline to end of study • Cue Reactivity (Alcohol Craving) • 28-Day Timeline Followback (TLFB) • Brain fMRI (resting, task-based) S



# Cue Reactivity in the Mock Bar





Demographics	of Enrolle	d Patients
Characteristic	STAR-B (n=10)	Klausen <i>et al</i> . (n=127)
Male Sex	7 (70%)	76 (59.8%)
Age <40	3 (30%)	15 (11.8%)
*Body Mass Index (<30 vs. 30+)	31.0 (25.7-38.5)	26.7
Comorbid Cannabis Use Disorder	4 (40%)	Excluded per protocol
Comorbid Tobacco Use Disorder	4 (40%)	NR but not exclusionary
Comorbid Depression/Anxiety	8 (80%)	NR but not exclusionary
Significant but Stable Medical Comorbidity (but not diabetes)	2 (20%)	NR but not necessarily exclusionary
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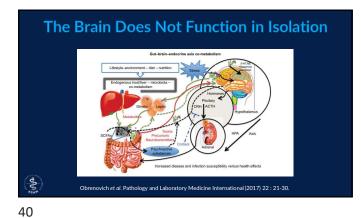
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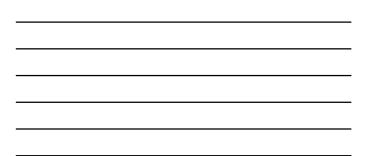
Demograp	hics	of	Enrol	led	<b>Patients</b>

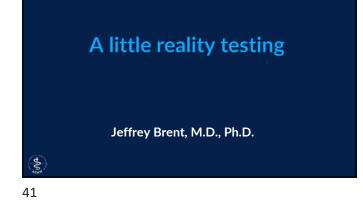
Characteristic	STAR-B (n=10)	Klausen <i>et al</i> . (n=127)
Severe AUD (>5 DSM-5 criteria)	7 (70%)	104 (81.2%)
Mean Drinks Per Day STAR: 28-Day TLFB, 14 g EtOH/drink Danes: 30-Day TLFB, 12 g EtOH/drink	6.16 (US definition) (43.12/week)	4.94 (US definition) 5.76 (Danish definition)
*Mean Heavy Drinking Days Danes: >48g (9) or 60g (0) EtOH/day STAR: >42g (9) or 56g (0) EtOH/day	16.2	17.0
*High Weekly Alcohol Drinking STAR: >14 (9) or 21 (0) drinks/week Danes: >17 heavy drinking days/month	8 (80%)	57 (44.9%)
Santa		

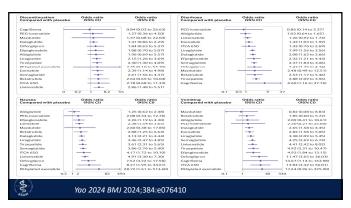


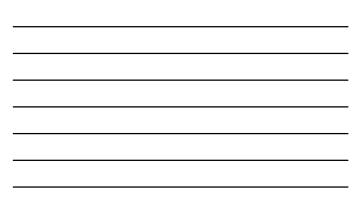


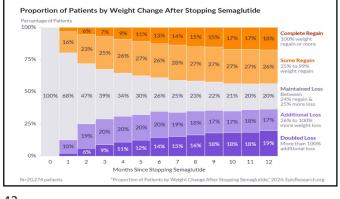






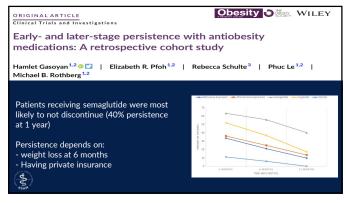




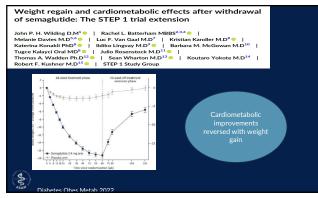


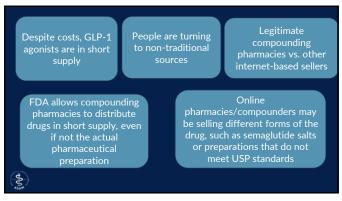






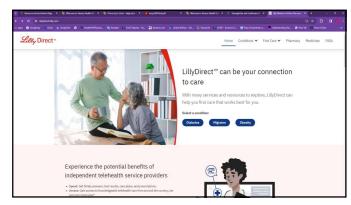


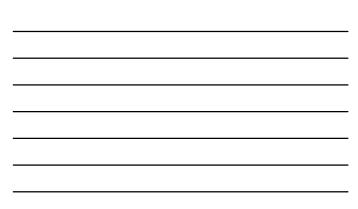




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# GLP-1 Agonists do not selectively decrease adipose tissue mass

- Loss of lean body mass assoc w/ loss of strength, quality of life, and increased mortality
- $\blacklozenge$  Approximately 35% of wt loss w/ semaglutide is LBM
- Can use hand grip strength to measure muscle mass



The same



# Maintaining muscle mass during GLP-1 treatment

Protein intake

 <u>></u>1.5 g/kg/d

Strength training
At least twice a week

the same

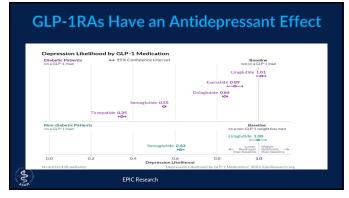
Risk of Gastrointestinal Adverse Events Associated With Glucagon-Like Peptide-1 Receptor Agonists for Weight Loss						
Table 2. Risks of Biliary Disease, Pan of GLP-1 Agonists vs Bupropion-Nal		d Gastroparesis Amo	ng Users			
	GLP-1 agonists, HR (9	GLP-1 agonists, HR (95% CI) <sup>a</sup>				
Outcomes	Crude	Adjusted <sup>b</sup>	Bupropion-naltrexone			
Primary analysis						
Biliary disease	1.48 (0.88-2.47)	1.50 (0.89-2.53)	1 [Reference]			
Pancreatitis	10.33 (1.44-74.40)	9.09 (1.25-66.00)	1 [Reference]			
Bowel obstruction	5.16 (1.27-21.00)	4.22 (1.02-17.40)	1 [Reference]			
Gastroparesis	3.31 (1.04-10.50)	3.67 (1.15-11.90)	1 [Reference]			
Absolute risk < 1%/yr of us Sodhi et al., JAMA 2023		No increased biliary tract o				



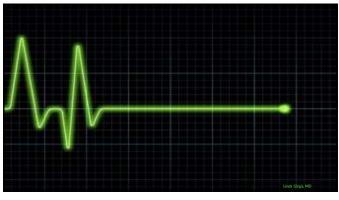
#### American Society of Anesthesiologists Consensus-Based Guidance on Propoperative Management of Patients (Adults and Children) on Glucagon-Like Putide-1 (GLP-1) Receptor Agonists Market Market

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			https	://doi.org/10.1038/s41591-023-0
Association suicidal idea				
Received: 31 July 2023		liam Wang¹, Nora D. Volko vid C. Kaelber @⁴ & Rong		A. Berger ©¹, Pamela B. Davis
Accepted: 30 October 2023	Dav	/id C. Kaelber @" & Rong	xuo	
a Population	Semaglutide group	Non-GLP1R agoniat anti-obesity medication group		HR (95% CI)
Overall (n = 865 per group)	6.5% (56)	14.1% (122)	-	0.44 (0.32-0.60)
Females (n = 618 per group)	6.5% (40)	12.8% (79)	-	0.49 (0.34-0.72)
Males (n = 234 per group)	7.3% (17)	20.1% (47)		0.33 (0.19-0.57)
		17.3% (77)		0.38 (0.25-0.57)
Age ±45 years (n = 446 per group)	6.7% (30)	11.3.36 (31)		







## Final Takeaways/Summary

- GLP-1 Receptor Agonists (GLP-1RAs) have a unique mechanism of action that may be effective in helping patients with SUDs decrease craving and control their alcohol or drug use.
- "MAY be effective" does not mean "definitely WILL be effective!"
- Along with awaiting the results of ongoing clinical trials of GLP-1RA safety and efficacy in patients with addictions, plans to provide equitable access to these drugs must be considered.

