



## ASAM REVIEW COURSE 2024

# Becoming Certified: Pathways, Insights and Preparation Strategies

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# Financial Disclosure

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- No Relevant Disclosures

Thank you Dr. Ruchi Fitzgerald for use of her slides!

# Content

- Assessment of the ability to apply knowledge rather than recall of isolated facts
- Focus on high-frequency and/or high-impact patient problems
- Focus of clinical situations and decisions arising in the experienced addiction medicine specialist's practice

# Some quick suggestions

- Focus studying on topics and material you don't see regularly in your clinical work
  - e.g., the Hallucinogens and Dissociatives—in each applicable section, i.e, pharmacology, intoxication, withdrawal, treatment.
- Review/skim the topics you know well
- **Do Not Neglect “Soft Topics,”**
  - Ethical, Legal, Liability; Harm Reduction; Non-Pharmacologic Treatments (MI, CBT, DBT)
- May be expected to know “classic” articles, e.g. MOTHER study

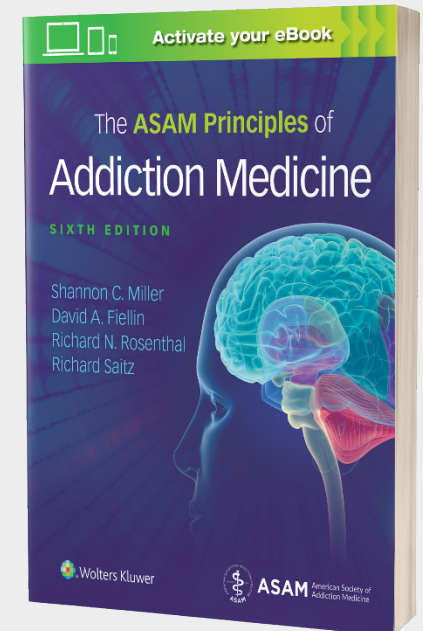
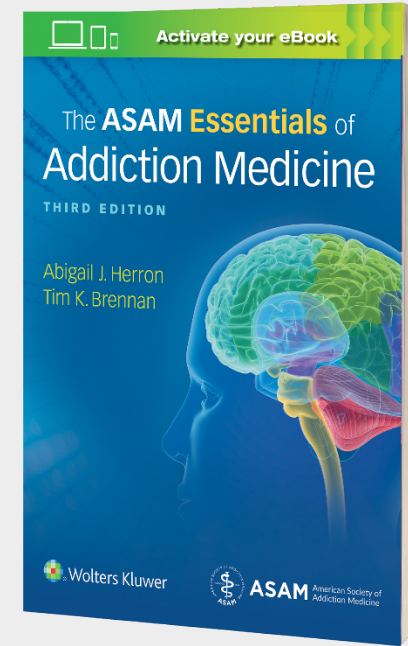
# Additional Tips

- High yield topics include *neurotransmitters, receptors, neurobiology*
- Read questions carefully before answering
- Work with a study partner to keep oneself accountable to a study plan – especially helpful for those in the Practice Pathway

# Study Tools

- Publications

The ASAM Principles of Addiction Medicine Textbook and The ASAM Essentials of Addiction Medicine (condensed version) – *if you have time to read this book and complete the questions at the end of each chapter, you will have confidence for the board exam.*



# Study Tools

- ASAM Board Exam Study Tool (BEST)
  - 500+ board exam-style questions
  - **40 AMA PRA Category 1 Credits™**
- Review Course Weekly Office Hours
  - Complimentary to Review Course attendees
  - Connect with faculty and fellow exam takers, review practice questions and get your questions answered by our renowned experts

# MI CARES

- Provides support on the various practice pathways
- Over 20 hours of FREE CME provided by Michigan State University's Dean
- General overview/gap analysis – not comprehensive review course





# MI CARES Tracking Tool and Workbook

- We have worked with the American Board of Preventive Medicine (ABPM) to interpret specific Practice Pathway eligibility requirements.
- Provides distinct language to guide physicians through the application process.
- Shares definitive activity descriptions to fulfill the 1,920 necessary Addiction Medicine experiential hours.
- Excel workbook format to be used as a source for your personal documentation, not a substitute for the actual application.

# MI CARES Assistance

Coaching calls designed to:

- Provide personalized assistance with completing application documentation requirements
- Enhance your learning experience by interacting with MI CARES staff and fellow colleagues
  
- We will review 2 versions of Tracking Tools
- Comment on 4 entries

# Tips from Other Faculty

- Don't wait until the last minute to study
- Have confidence in your answers
- Know how to calculate NNT, etc.
- Understand the studies for substance use/misuse (NSUDH), and epidemiology for different substances.
- Do at least one practice exam – and then retake it if possible.
- Results do not arrive until February.


# Questions?






# Get in Touch

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