The Patient Centered Medical Home: Does it Achieve Equity in Pediatric Primary Care? Olivia O. Familusi, MD, MSHP PAS 2024

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Disclosure

Olivia O. Familusi, MD, MSHP

Has documented no financial relationships to disclose or conflicts of interest (COIs) to resolve.



Introduction



What is a Patient-Centered Medical Home (PCMH)?

- Primary care model
 - Accessible
 - Continuous
 - Family Centered
 - Comprehensive
 - Coordinated
 - Compassionate
 - Culturally Effective



Introduction



What we know about PCMH...

- Improves quality of pediatric primary care
 - Homer et al (2008), Harder et al (2009), Cooley et al (2009)
- Disparities in access to PCMH
 - Strickland et al (2009)
- Mixed results in equity of receipt preventative services within PCMH
 - Aysola et al (2013)



Introduction



What we don't know...

How do these results carry a decade later?



Study Objective



Does PCMH improve quality and equity in pediatric primary care?



Study Population



- 2020 National Survey of Children's Health (NSCH)
 - Representative weighted sample
 - Randomly selected addresses
 - Survey administered via mail and internet
 - 3 versions of questionnaire by age
 - Oversampled:
 - Children age 0-5
 - Children with special health care needs



Methods

Independent Variable

 Medical Home Composite Measure (Y/N)

Dependent Variable (Y/N)

- Preventative Medical Care
- Preventative Dental Care
- Mental Health Care
- Developmental Screening
- Shared Decision Making
- Unmet Medical Needs

Covariates

- Age
- Sex
- Race/Ethnicity
- Income
- Insurance
- Household Employment Status
- Parental Education
- Primary Household Language
- Child with Special Medical Needs
- Geographic Regions



Methods: Statistical Analysis



- Univariate analyses
- Multivariable logistic regression models
 - Adjusted by covariates
- Adjusted rates of achieving outcome measures by race/ethnicity and income using predicted margins
- Calculated difference in difference between those with a medical home
 - Race/ethnicity (reference: White, non-Hispanic)
 - Income (reference: 0-99% FPL)

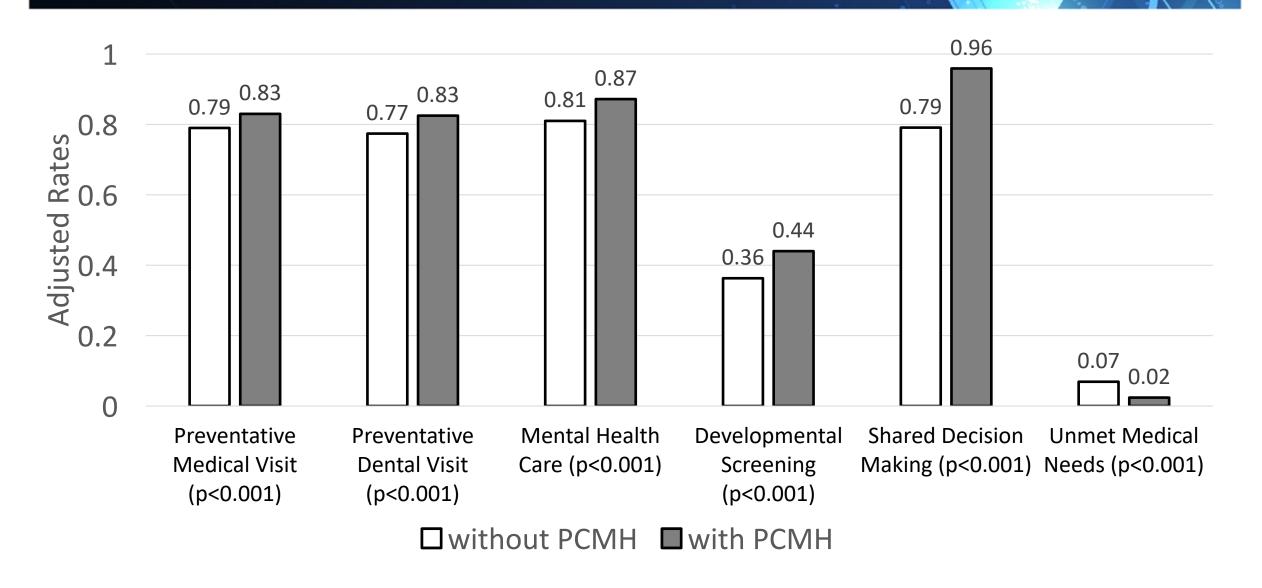


Population Characteristics

Characteristic	% With a PCMH (n=22,496)	P-value
Children (n=42,723)	52.6	
Race/Ethnicity		
Asian, Non-Hispanic	42.8	P<0.001
Black, Non-Hispanic	39.6	
Hispanic	40.0	
White, Non-Hispanic	57.7	
Income Level		
0-99% Federal Poverty Level (FPL)	35.0	P<0.001
100-199% FPL	43.7	
200-399% FPL	52.7	
400% of FPL or greater	62.0	

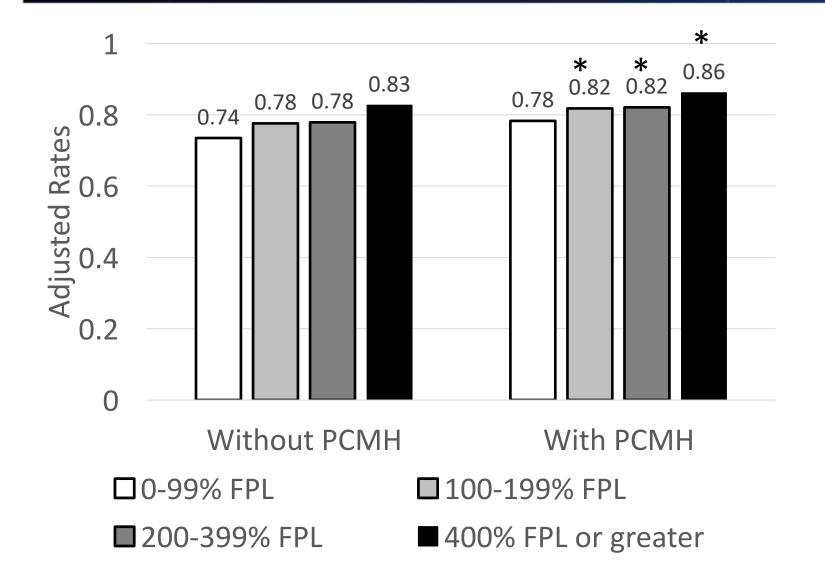


Results: Quality of Care



Results: Preventative Medical Visits



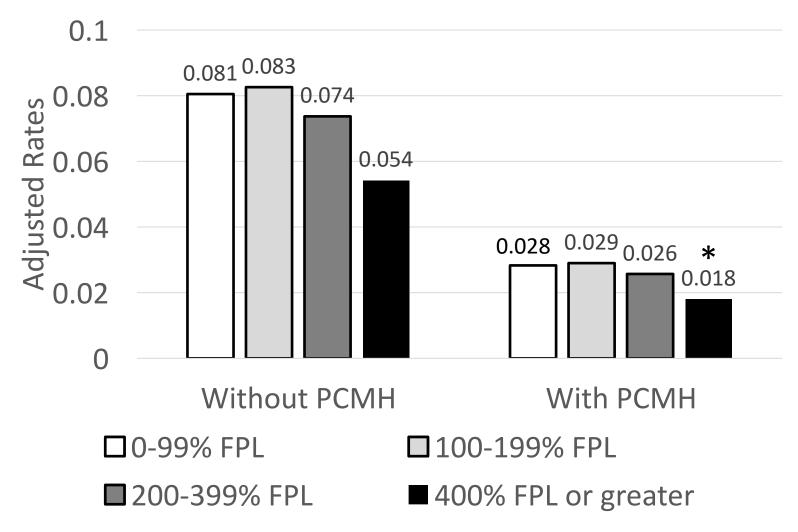


0-99% FPL had significantly less adjusted rates of preventative medical visits within PCMH



Results: Unmet Medical Needs



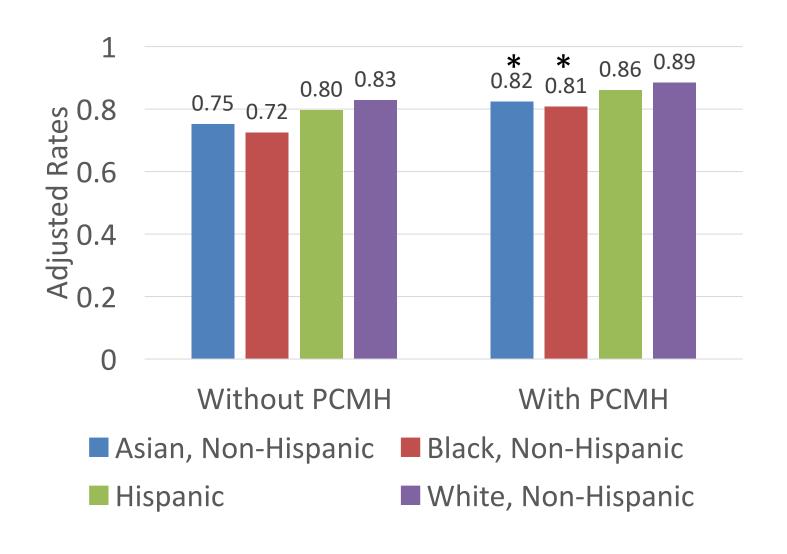


400% FPL and greater children had significantly less adjusted rates of unmet medical needs within PCMH



Results: Mental Health Care



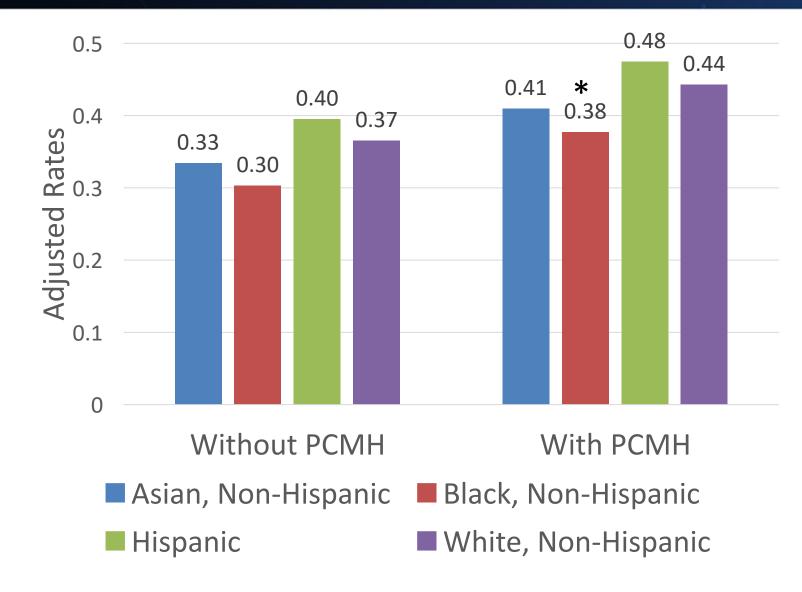


Black and Asian children had significantly less adjusted rates of mental health care within PCMH



Results: Developmental Screening





Black children had significantly less adjusted rates of developmental screening within PCMH

Summary of Disparities

- Preventative Medical Visits
 - ↓ for Asian children
 - ↓ for <100% FPL
- Preventative Dental Visits
 - J for Asian and Black children
 - ↓ for <200% FPL
- Mental Health Care
 - ↓ for Black children
 - ↑ for 400% FPL or greater

- Developmental Screening
 - ↓ for Black children
 - No disparities by income
- Shared Decision Making
 - ↓ for Black children
 - ↓ for <200% FPL
- Unmet Medical Needs
 - No disparities by race/ethnicity
 - ↓ for 400% FPL or greater



Study Limitations



- Cross sectional study
- Survey data with recall bias
- Measured by self-report
- Multiple hypothesis testing not yet accounted



Conclusions/Implications



PCMH increased quality pediatric primary care

Significant health disparities sustained within PCMH

Equity focused interventions needed to ameliorate disparities



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