

Always Open, Always Safe.

A Blueprint for 24/7 ED Based Harm Reduction

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Arlene Brown, CEO

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ASAM 2024



Disclosure Information

- ◆ Presenter 1: Aimee Moulin, MD
 - ◆ Presenter 1 Disclosures: No Disclosures
- ◆ Presenter 2: Arianna Campbell, PA-C
 - ◆ Presenter 2 Disclosures: No Disclosures
- ◆ Presenter 3: Arlene Brown, SUN
 - ◆ Presenter 3 Disclosures: No Disclosures
- ◆ Presenter 4: Josh Luftig, PA-C
 - ◆ Presenter 4 Disclosures: No Disclosures

Learning Objectives

Participants will be able to:

1. develop a comprehensive understanding of the strategies and regulations surrounding ED-based harm reduction & will be equipped with practical steps to implement physician-led syringe service programs in their respective EDs.
2. identify the challenges and barriers associated with integrating harm reduction services in the ED setting and propose actionable solutions, drawing insights from real-world case studies and expert discussions.
3. collaborate during group breakouts to share insights and strategies, leading to the design of a tailored harm reduction program, integrating universal precautions, safer use, and overdose prevention for their EDs.

Audience Poll

Aimee Moulin, MD



Intros and Brief Program Descriptions

Aimee Moulin, MD
Co-Founder, PI
BRIDGE / CA Bridge
UC Davis Medical Center
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Arianna Campbell, PA-C
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Arlene Brown
Founder & CEO
Crossroads Recovery Center &
Skoden Native Harm Reduction Services
Bishop, CA

Josh Luftig, PA-C
Co-Founder, Director of Harm Reduction
BRIDGE / CA Bridge
Highland Hospital / Alameda Health System
Oakland, CA

Worksheet Distribution & Explanation

Arianna Campbell, PA-C

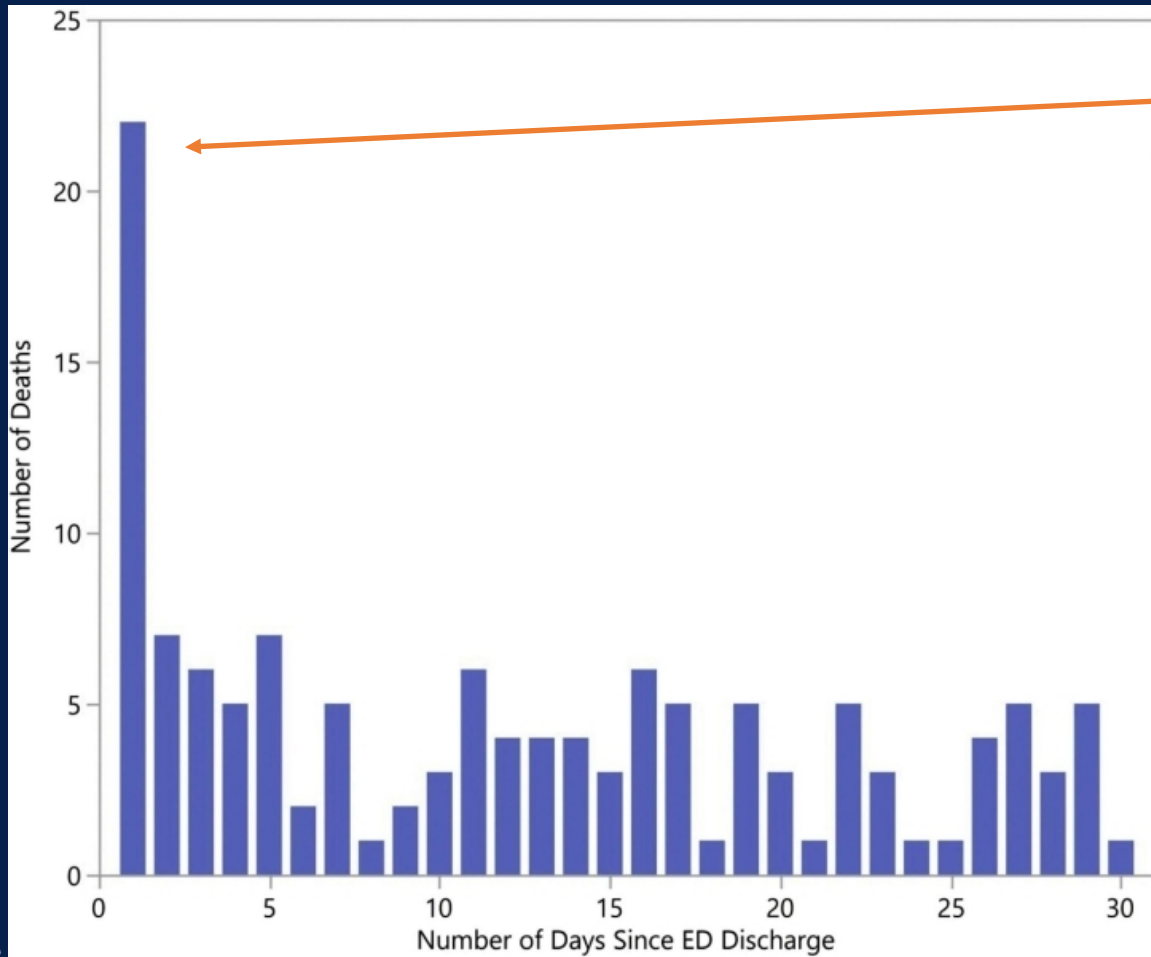


Why Harm Reduction in the Emergency Department Setting

Josh Luftig, PA-C



Harm Reduction When it Matters Most

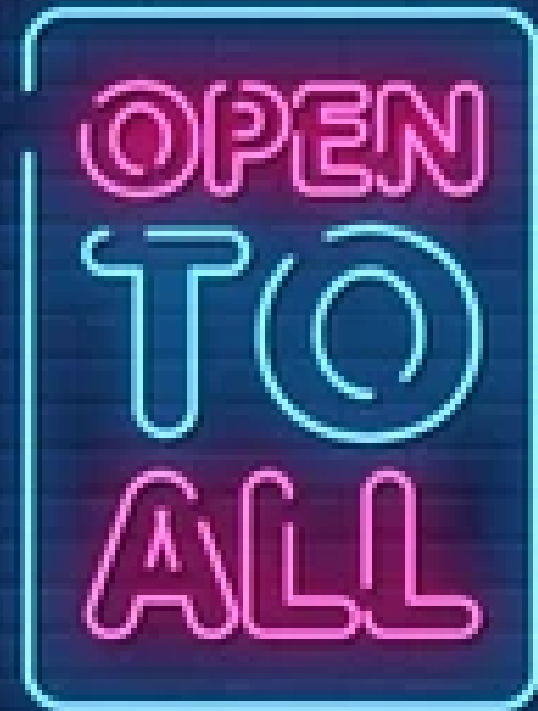


Spike in fatalities in the first 2 days after ED treatment for nonfatal overdose

EDs as Community Harm Reduction Access Points

EDs: Open 24/7/365

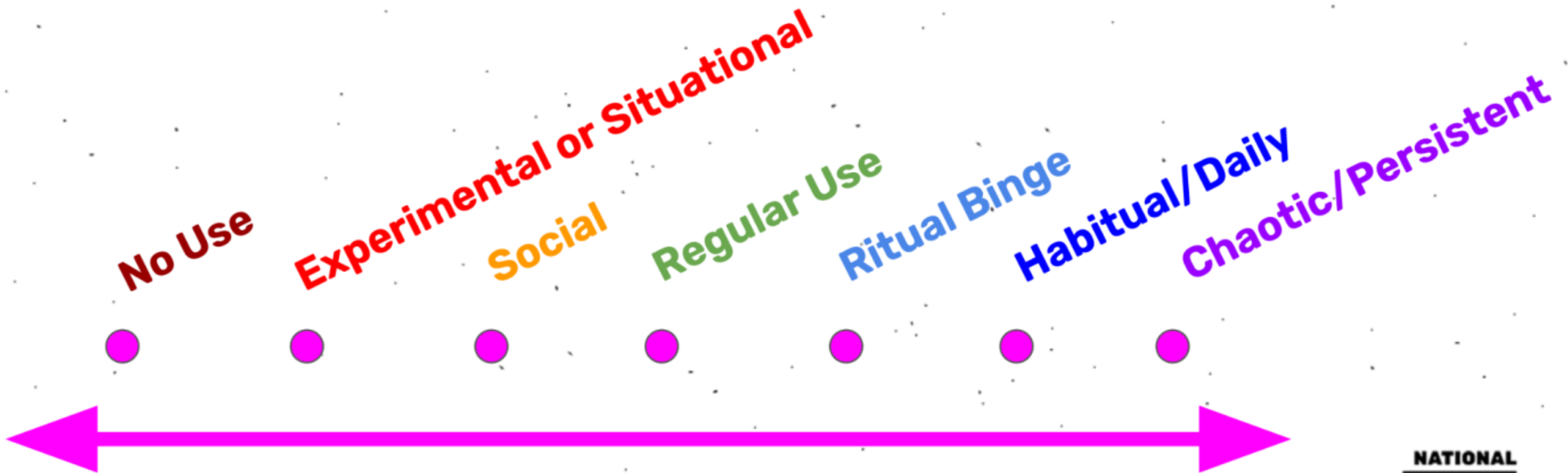
EDs: Treat everyone



Co-located services

- ◆ Many, many co-located services & resources
- ◆ ED stabilization (withdrawal, psychosis, suicidality, intoxication, overdose)
- ◆ Immediate bup access, wound care, financial counseling / insurance, interpreters for most languages, social services, hiv & hep c screening, STI screening & treatment, discounted medications, SUNs,
- ◆ Direct linkage to bridge clinic, sobering center, shelter, primary care, behavioral health services, specialty care, reproductive health services, hiv & hep c treatment, legal support, syringe services; etc...

Continuum of Drug Use



Physician Led Syringe Service Provider

What is it?

One example....



Harm Reduction Vending Machines



Naloxone Distribution Stands

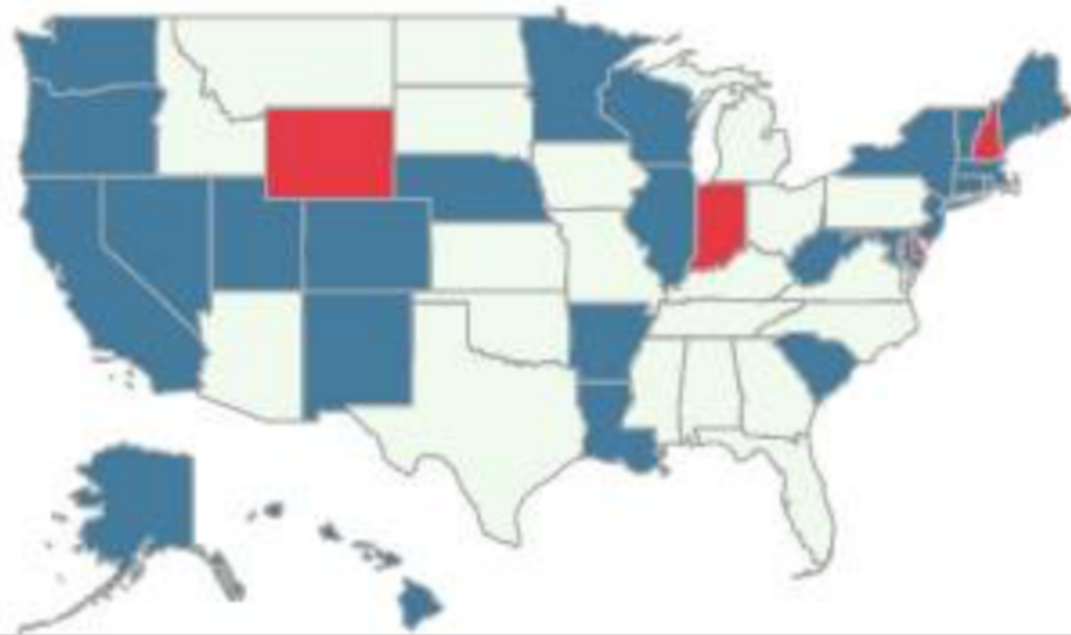


Prescribing Syringes to People Who Inject Drugs

Aimee Moulin, MD



Filling Syringe Prescription for IDU



- legal
- illegal
- legal if SSP
- legality depends on pharmacist's knowledge of the syringe's use

Chatterjee A, Bannister M, Hill LG, Davis CS. Prescribing Syringes to People Who Inject Drugs: Advancing Harm Reduction in Primary Care. *J Gen Intern Med.* 2023 Jun;38(8):1980-1983. doi: 10.1007/s11606-023-08183-7. Epub 2023 Apr 5. PMID: 37020124; PMCID: PMC10271981.

Harm Reduction Kits

Arlene Brown, CEO & Josh Luftig, PA-C



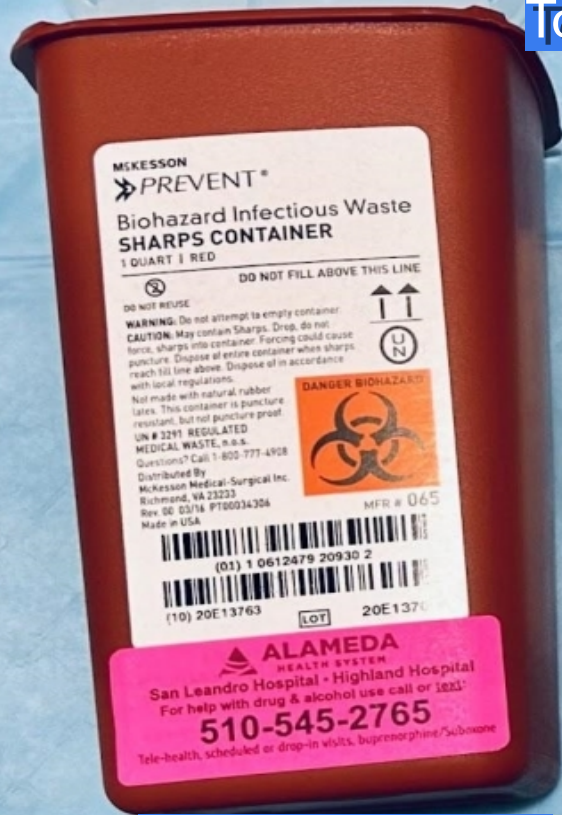
Injection Kits



Sharps Containers



2 types of sharps containers



Sharps Container with Help Line #



Cotton Balls



Bags



Tourniquet



Cooker



Skin Prep



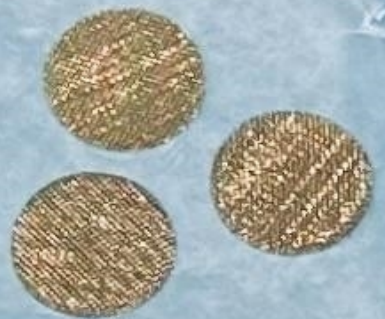
1mL Insulin Syringes



Smoke Kits



ALAMEDA
HEALTH SYSTEM
San Leandro Hospital - Highland Hospital
For help with drug & alcohol use call or text:
510-545-2765
Tele-health, scheduled or drop-in visits, buprenorphine/Suboxone

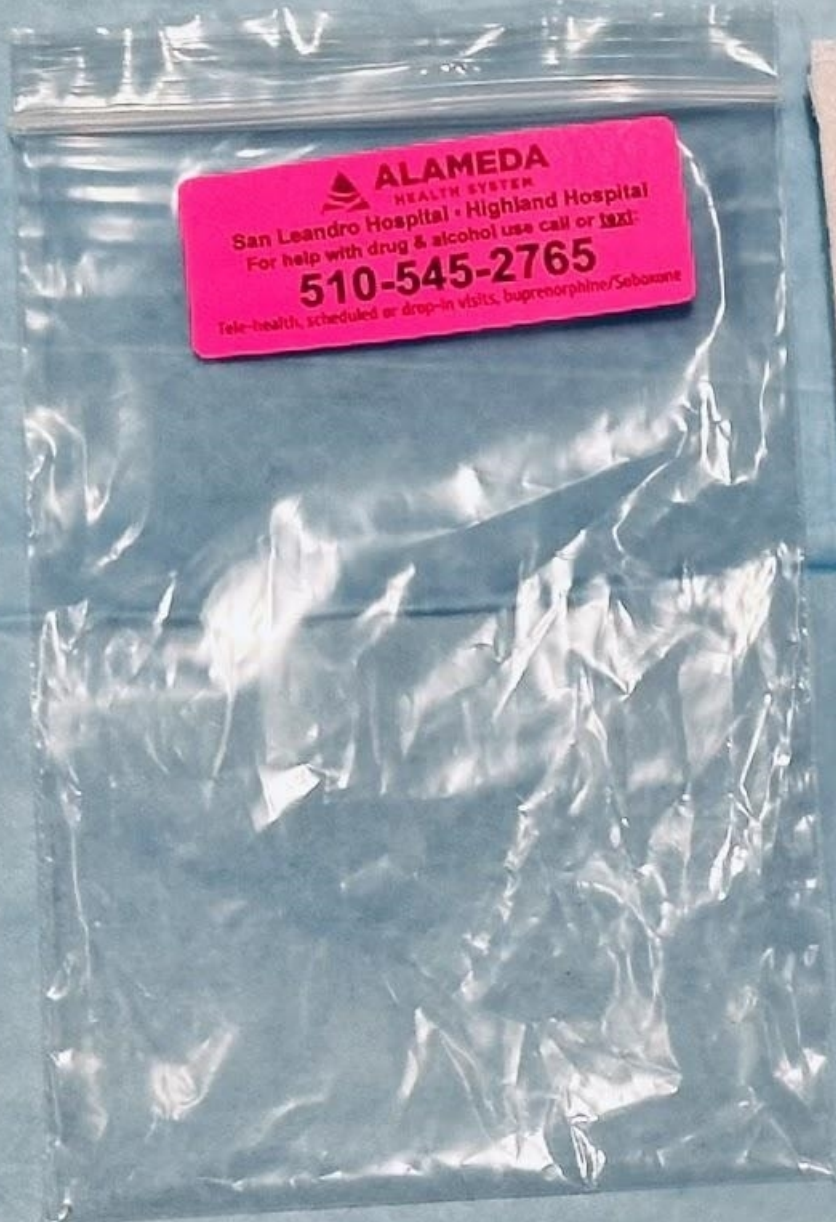


Safetec
Lip Balm
Pomegranate
flavored, with
Vitamin E, Bees
Wax, and other
natural
emollients
0.5 g (1/57 oz.)
Safetec of America, Inc.
Burlingame, NY 14213
800-456-7077

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800-456-7077

NDC 68099-5204-1
MCKESSON
Alcohol Prep Pad
STERILE | SATURATED WITH
70% w/v ISOPROPYL ALCOHOL
M 1.2 in x 2.6 in
MEDIUM (3 cm x 6.6 cm) DO NOT
REUSE
MFR # 58-204



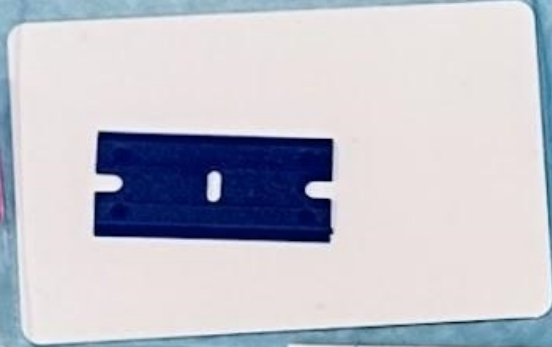


Sniff/Snort/Insufflation Kits






ALAMEDA
HEALTH SYSTEM
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HARM REDUCTION:
It's not just for others.
SNIFF KITS
(plastic razor, paper straws,
clean surface card, ointment)
Test for Fentanyl! Stay hydrated!
Don't share! Take Breaks!
Use condoms! Ask Questions!



A project of HEPPAC
510.434.0202



Fentanyl Test Strip Kits





ALAMEDA
HEALTH SYSTEM
San Leandro Hospital • Highland Hospital
For help with drug & alcohol use call or text:
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1 Strip / Drug Test



CA
BRIDGE

Prevent Overdose Fentanyl Test

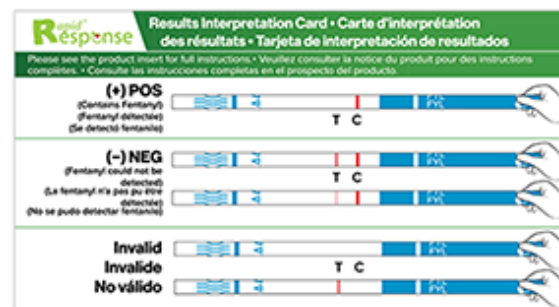
Test your drugs for fentanyl
Make sure you know what is

Fentanyl is common in drugs across California, and is a much stronger opioid than heroin and raises the chance of overdose. Other times, it is mixed into drugs like coke, crack, heroin, or marijuana to increase their potency. Fentanyl is a drug by its look, smell, feel, or taste.

General Precautions

Always take these steps when using drugs, regardless of the drug.

- Have naloxone with you
- Use with a buddy who can call 911 and give naloxone
- Take turns in case someone overdoses
- Start with a much smaller than normal dose to test the drug





DANCESAFE

FENTANYL TEST STRIP

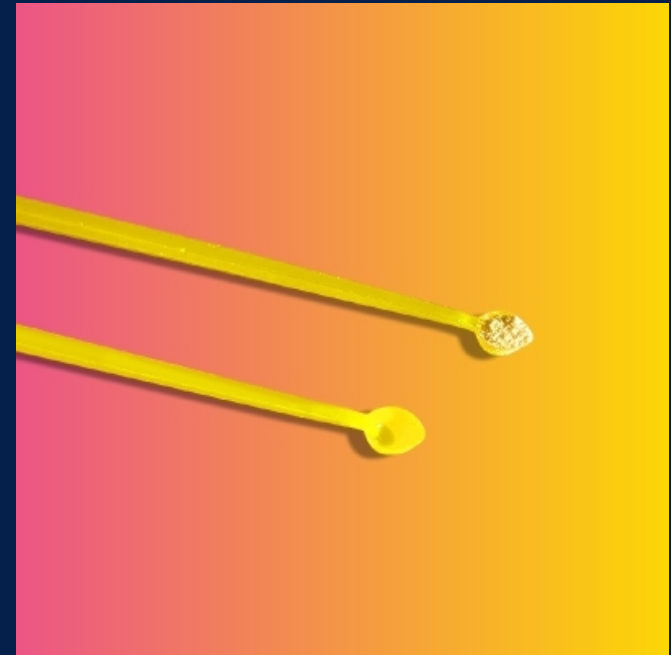
ONE STRIP

**TEST BEFORE
YOU INGEST**

DANCESAFE.ORG

N FEN FEN FEN FEN FEN FEN FEN FEN
FEN FEN FEN FEN FEN FEN FEN FEN

N FEN FEN FEN FEN FEN FEN FEN FEN
FEN FEN FEN FEN FEN FEN FEN FEN





Instructions

1

Mix your sample well by shaking or crushing.



2

Choose how many scoops (between 5 & 10) you want to test.



3

Pour water into the pouch up to the number of scoops you've chosen.



4

Put chosen number of scoops into the water pouch. Do not fill above top of the scoop.



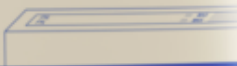
5

Dip the strip in and hold for 10 seconds.

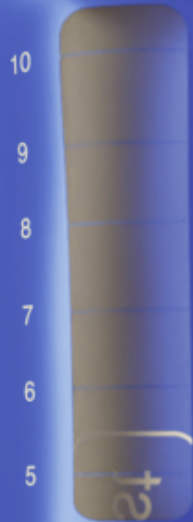


6

Lay strip on a flat (non-absorbent) surface and read results after 5 min.



HOLD POUCH HERE



HOLD POUCH HERE

Learn more & Report Results



HOLD POUCH HERE

Designed by Dosestest in Europe
Assembled in China



Batch: FTS-024
Expiry: 2026/04

HOLD POUCH HERE

Results

FYL

Results

MAX

FYL

MAX

Place your strip here and compare the results



Positive for Fentanyl - Please report



Negative for Fentanyl



Negative for Fentanyl - Faint second line is still a negative



Invalid Result

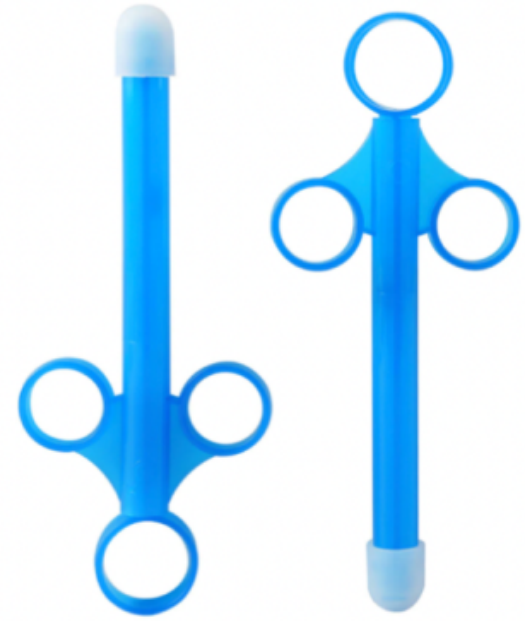
Booty/Rectal Kits



Rectal Administration

a.k.a Booty Bumping / Boofing

- Syringe Barrell (without needle)
- Lube Applicators
- Sterile Water or water-based lube



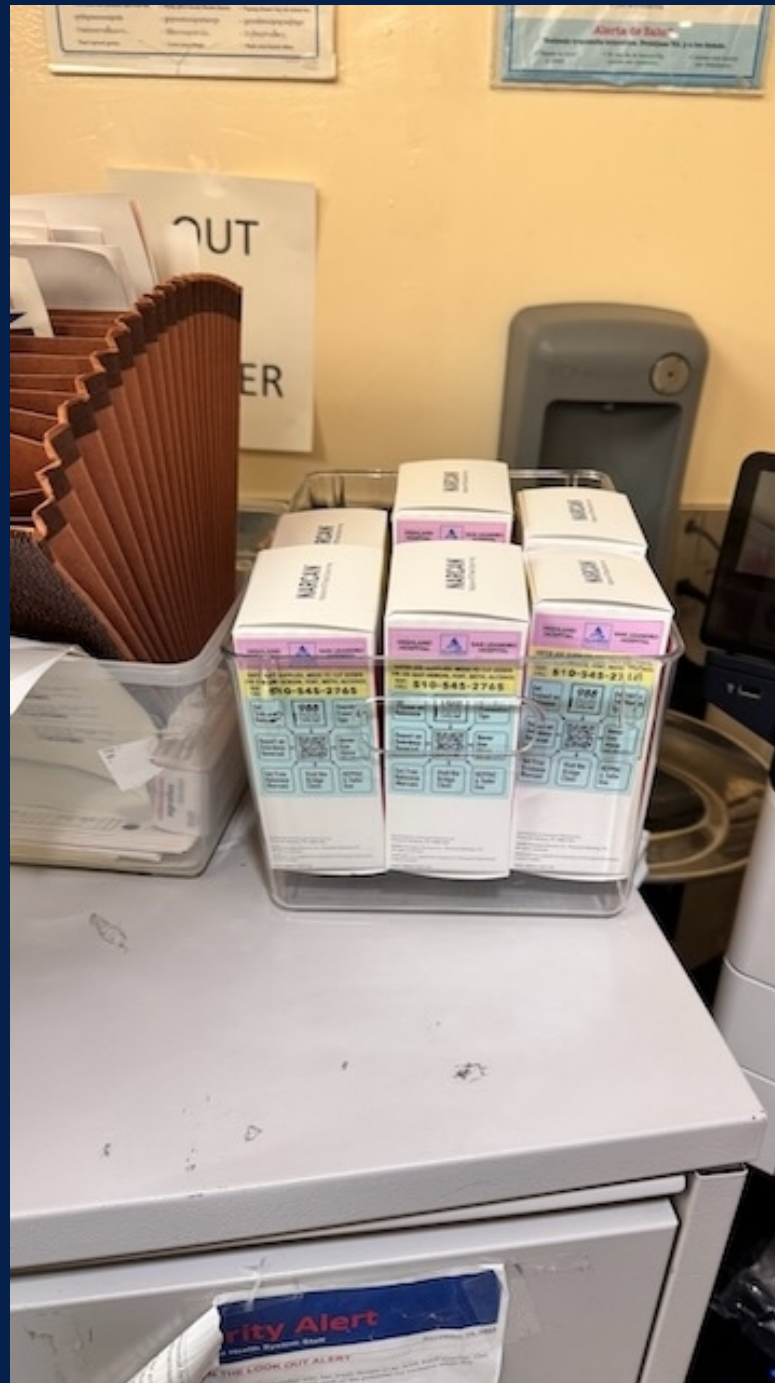
Storage



ED Charting Room “Doc Box” Cabinet



ED Triage/ Intake



Panel: Integrating HR into the ED

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Oakland, CA

Small Group Breakouts

- ◆ Aimee: Academic, urban
- ◆ Arianna: Rural, community, government/VA
- ◆ Arlene: Rural, community, tribal
- ◆ Josh: Academic, urban

Open Q&A



References

Strayer, R. J., Hawk, K., Hayes, B. D., Herring, A. A., Ketcham, E., LaPietra, A. M., ... & Nelson, L. S. (2020). Management of opioid use disorder in the emergency department: a white paper prepared for the American Academy of Emergency Medicine. *Journal of Emergency Medicine*, 58(3), 522-546.

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Houry, D. E., Haegerich, T. M., & Vivolo-Kantor, A. (2018). Opportunities for prevention and intervention of opioid overdose in the emergency department. *Annals of emergency medicine*, 71(6), 688-690.