

# The ASAM Criteria and the Future of Care

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# Disclosure Information

## The Future of Addiction Care: Transformed Systems, Practices, and Lives

Friday, April 5, 2024

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No financial disclosures



# Components of Addiction Treatment

## Medical Care (D1, 2 and 3)

Medications, WM, ID  
and pain management

## Psychoeducation (D4 and 5)

Didactics, structured,  
group focused

## Addiction Treatment Supports (D5 and 6)

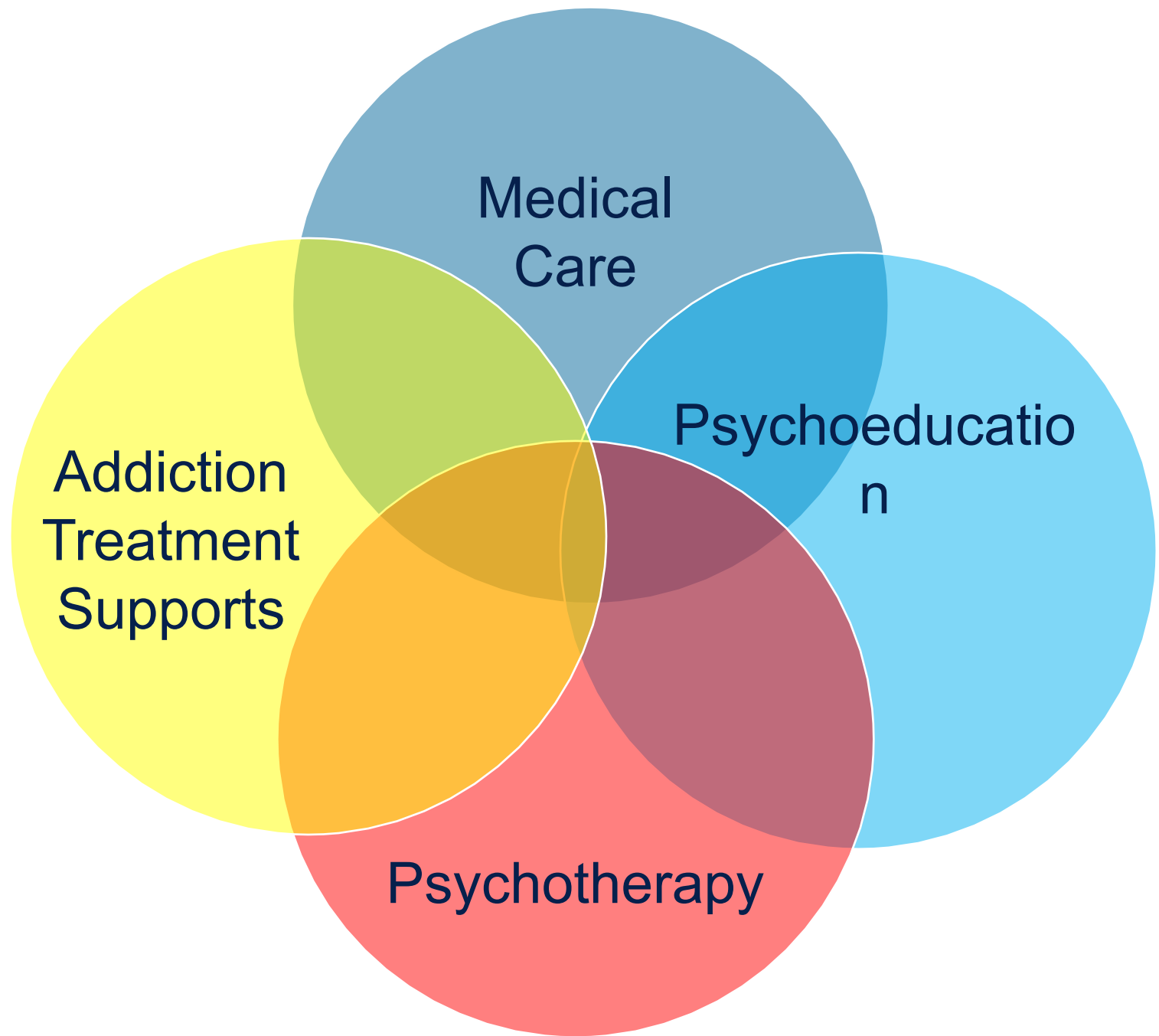
Supportive aspects  
of treatment

## Psychotherapy (D3, 4 and 5)

CBT, DBT, EMDR,  
etc.



# The Reality



# ASAM Criteria Subdimensions

## Dimension 1: Intoxication, Withdrawal, and Addiction Medications

- Intoxication and Associated Risks
- Withdrawal and Associated Risks
- Addiction Medication Needs

## Dimension 2: Biomedical Conditions

- Physical Health Concerns
- Pregnancy-Related Concerns
- Sleep Problems

## Dimension 3: Psychiatric and Cognitive Conditions

- Active Psychiatric Symptoms
- Persistent Disability
- Cognitive Functioning
- Trauma-Related Needs
- Psychiatric and Cognitive History

## Dimension 4: Substance Use-Related Risks

- Likelihood of Engaging in Risky Substance Use<sup>3</sup>
- Likelihood of Engaging in Risky SUD-Related Behaviors<sup>4</sup>

## Dimension 5: Recovery Environment Interactions

- Ability to Function Effectively in Current Environment
- Safety in Current Environment
- Support in Current Environment
- Cultural Perceptions of Substance Use and Addiction

## Dimension 6: Person-Centered Considerations

- Barriers to Care
- Patient Preferences
- Need for Motivational Enhancement

# The ASAM Criteria Continuum of Care –

## Level 4: Inpatient

4

Medically Managed  
Inpatient

## Level 3: Residential

3.1

Clinically Managed  
Low-Intensity  
Residential

3.5

Clinically  
Managed  
High-Intensity  
Residential

3.7

Medically Managed  
Residential

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## Level 2: Intensive Outpatient

2.1

Intensive  
Outpatient

2.5

High Intensity  
Outpatient

2.7

Medically Managed  
Intensive Outpatient

## Level 1: Outpatient

1.0

Long-Term  
Remission  
Monitoring

1.5

Outpatient  
Therapy

1.7

Medically Managed  
Outpatient

## Recovery Residence

RR

Recovery  
Residence\*



Co-occurring enhanced care (COE)  
Standards Defined for x.5, x.7, and Level 4

# References

1. The ASAM Criteria 4th edition
2. The ASAM Criteria 3rd edition
3. DSM-5
4. Substance Use Disorder Treatment for People With Co-Occurring Disorders: UPDATED 2020 [Internet]. Rockville (MD): Substance Abuse and Mental Health Services Administration (US); 2020. (Treatment Improvement Protocol (TIP) Series, No. 42.) Chapter 7—Treatment Models and Settings for People With Co-Occurring Disorders. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK571024/>
5. TIP 42 SAMHSA 2020 Substance Use Disorder Treatment for People With Co-Occurring Disorders